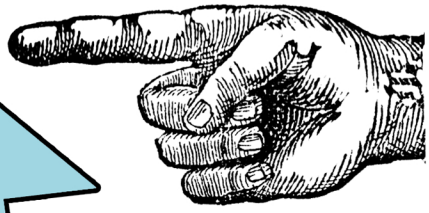
jersey girl's EXERCISE JOURNAL



date/time	exercise	duration	mileage